



ADMISSION REQUIREMENTS

Admission to the Program requires:

Completion of 60 semester units of baccalaureate level course work or its equivalent or; consent of the Director of the Applied Gerontology Institute if the student is undecided about a major or enrolling through College of Professional and Global Education.

CAREER OPPORTUNITIES

There are many interesting and challenging gerontology related career opportunities.

- * Program Administration/Policy Development
- * Direct Services—Individual, Group, and Community
- * Support Services and Information for Individuals, Families, and Agencies
- * Assessment and Resource Referral
- * Home Care, Adult Day Care, Hospital, and Nursing Homes
- * Board and Care/Retirement Homes



For more information regarding the
Certificate in Applied Gerontology
contact:

The Applied Gerontology Institute

Application & General Information

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Certificate Program in Applied Gerontology (Undergraduate)



**Rongxiang Xu College of
Health and Human Services**

MISSION

The Applied Gerontology Institute offers an Interdisciplinary Certificate in Applied Gerontology. This program is designed to assist individuals interested in increasing their knowledge, understanding, skills, and effectiveness in working with older populations, especially culturally diverse communities. The Program is not only for individuals interested in careers in gerontology but also those who are seeking a career change and those already in their field seeking to enhance their promotional opportunities.

OBJECTIVES

Specific objectives of the program include the provision of opportunities to:

- Develop an understanding of the biological, psychological and sociological processes of older adult maturation and aging.
- Address current and future demographic trends of the aging population and implications for health and social services program development and service delivery.
- Learn about conceptual frameworks in providing culturally sensitive and meaningful health and social services to older adults from culturally diverse backgrounds.
- Explore the techniques of problem identification and assessment, problem-solving strategies and methods utilized by various human service disciplines, including their respective roles in providing services to older adults.
- Integrate theory and practice in a field setting.
- Pursue special interest in aging through elective courses.
- Analyze the processes of aging in culturally diverse communities and society in general.

THE PROGRAM

The Certificate Program in Applied Gerontology consists of 21 units including 12 units of core courses; 3 units of field experience; and 6 units of electives. The core courses provide basic knowledge about aging in several key domains: biological, sociological/psychological.

REQUIRED COURSES (12 UNITS):

BIOL 3084 Biology of Human Aging (3) *GE UD B*

PSY 3620 Psychological and Psychosocial Developmental: Stages in Maturity and Aging (3) *GE UD D*

SOC 4500 Sociology of Aging (3)

SW 3650 Social Policy and Aging (3) *GE UD D (d)*

FIELD EXPERIENCE/INTERNSHIP:

HHS 4950 Field Work in Health and Human Services
(Valentine Villa Section)

This integral component consists of 3 units of field experience. The field experience provides an opportunity to synthesize and apply one's discipline preparation with information and knowledge acquired in the core. 90 hours are required.

The field experience will generally be taken in the student's major area of study. Non-matriculated students will be placed in agencies specific to their area of expertise or to their career goals.

**GE UD-Courses that count for General Education Requirements*

ELECTIVES (6 UNITS)

Select 6 units from the following:

ANTH	3350	Maturity and Aging in Cross-Cultural Perspectives (3) <i>GE UD D (cl) (d)</i>
COMD	3900	Communication Disorders in Aging (3) <i>GE UD D</i>
ENGL	3840	Aging in Literature (3) <i>GE UD C (cl)</i>
KIN	3450	Physiological Effects of Exercise during Aging (3) <i>GE UD B</i>
KIN	4380	Principles of Exercise for Older Adults (3)
NTRS	3510	Adult Nutrition (3) <i>GE UD B</i>
NTRS	4510	Nutrition and Aging (3)
NURS	3820	Palliative Care (3) <i>GE UD D (cl) (d)</i>
NURS	3850	Spiritual Assessment & Care of Older Adult (3) <i>GE UD C (d)</i>
NURS	4690	Gerontology and the Law (3)
PHIL	3730	Adult Life and Aging (3) <i>GE UD C (d)</i>
RELS	3250	Themes of Adult Life in the World's Religions (3) <i>GE UD C (d)</i>
SOC	4520	Life Span Transitions: The Retirement Years (3)
SOC	4530	Social Aspects of Death and Bereavement (3)
SW	3712	Human Behavior and the Social Environment: Late Adolescence Through Old Age (3)
SW	3762	Cross Cultural Practice with Older Adults (3) <i>GE UD D (cl)</i>